



## St Clare Hospice 10k Fun Run

### St Clare Hospice 10k fun run

Sunday 30 March 2008. 10:30 am

#### Provisional Results for All Competitors in finish order.

Place	Time	Name	Team	Race Age Category	Pace min/Km	Race No	Race Place
1	0:34:14	THATCHER, Noel	Harlow Running Club	MALE VET 40	03:25.4	1	1
2	0:37:27	SOUTHAM, Eric	Highgate Harriers	MALE VET 40	03:44.7	166	2
3	0:38:58	BROUGHTON, Alan	Harlow Running Club	MALE VET 40	03:53.8	79	3
4	0:39:09	ATKINS, Peter		MALE SENIOR	03:54.9	155	4
5	0:39:22	POMEROY, David	Ware Joggers	MALE SENIOR	03:56.2	48	5
6	0:39:37	FRITH, Adam	Ware Joggers	MALE SENIOR	03:57.7	147	6
7	0:39:40	EVENS, John	Harlow Running Club	MALE SENIOR	03:58.0	72	7
8	0:39:55	PEPPER, Stewart		MALE VET 40	03:59.5	44	8
9	0:40:05	HURLEY, David	ORPINGTON ROAD RUNNERS	MALE VET 40	04:00.5	144	9
10	0:40:14	BEATTY, Peter	Bishop Stortford	MALE VET 50	04:01.4	173	10
11	0:40:35	FOY, James	Ware Joggers	MALE SENIOR	04:03.5	90	11
12	0:40:38	WILSON, Victor	Woodford Green	MALE SUPERVET	04:03.8	158	12
13	0:40:41	GILSON, Luke	Saffron Striders	MALE SENIOR	04:04.1	177	13
14	0:40:46	RYAN, Anthony	Ware Joggers	MALE SENIOR	04:04.6	101	14
15	0:41:04	STEVEN, Roy	Harlow Running Club	MALE VET 50	04:06.4	78	15
16	0:42:04	SMITH, Wesley		MALE VET 40	04:12.4	182	16
17	0:42:10	MUGGLETON, Matthew		MALE SENIOR	04:13.0	40	17
18	0:42:15	AYLING, David	Harlow Running Club	MALE SENIOR	04:13.5	163	18
19	0:42:17	DAVIES, Alexander		MALE SENIOR	04:13.7	142	19
20	0:42:27	THOMAS, Grahame	Harlow Running Club	MALE VET 40	04:14.7	24	20
21	0:42:32	COFFEY, Richard	Ware Joggers	MALE VET 40	04:15.2	60	21
22	0:42:42	SIMS, Andy		MALE VET 40	04:16.2	97	22
23	0:42:50	BINKS, Pete	Bishop Stortford	MALE SENIOR	04:17.0	162	23
24	0:42:52	RODGERS, Ian	Bishop Stortford	MALE VET 40	04:17.2	54	24
25	0:42:54	HART, Greg	Bishop Stortford	MALE VET 50	04:17.4	95	25
26	0:43:18	MERRY, Scott		MALE SENIOR	04:19.8	150	26
27	0:43:37	ALEXANDER, Rohan	Ilford AC	MALE VET 40	04:21.7	189	27
28	0:43:37	SHERRIFF, Adrian	Bishop Stortford	MALE VET 40	04:21.7	96	28
29	0:43:50	GARDINER, Julia	Colchester & Tendering A C	FEMALE SENIOR	04:23.0	357	29
30	0:43:58	PARTRIDGE, Roger	Ware Joggers	MALE VET 40	04:23.8	77	30
31	0:43:59	JONES, Matthew	Harlow Running Club	MALE VET 40	04:23.9	49	31
32	0:44:01	MANN, Andrea	Welwyn Garden AC	FEMALE VET 35	04:24.1	396	32
33	0:44:08	ATKINS, David		MALE VET 40	04:24.8	156	33
34	0:44:24	ALLEN, Jonathan		MALE SENIOR	04:26.4	27	34
35	0:44:42	SEYMOUR, Louisa		FEMALE SENIOR	04:28.2	343	35
36	0:44:51	FERRERIA, Anare	Ware Joggers	MALE VET 50	04:29.1	63	36
37	0:44:54	BIRD, Alan	Woodford Green	MALE VET 50	04:29.4	180	37
38	0:44:57	MCCREE, Danny		MALE SENIOR	04:29.7	34	38
39	0:45:16	YIN, Sean			04:31.6	179	39
40	0:45:57	JOHNSON, John		MALE VET 50	04:35.7	105	40
41	0:45:58	NATION, Richard		MALE SENIOR	04:35.8	127	41
42	0:46:04	MCCOLGAN, Martin	Harlow Running Club	MALE VET 50	04:36.4	167	42
43	0:46:11	STEADMAN, Jon	Harlow Running Club	MALE SENIOR	04:37.1	111	43
44	0:46:22	WEBSTER, Jon		MALE SENIOR	04:38.2	81	44
45	0:46:27	WILSON, Alan	Bishop Stortford	MALE SUPERVET	04:38.7	186	45
46	0:46:33	POPE, Robin	beckenham Running Club	MALE SENIOR	04:39.3	28	46
47	0:46:36	JOHNSON, Stephen	Ware Joggers	MALE SENIOR	04:39.6	100	47
48	0:46:36	CLARK, Gregg		MALE SENIOR	04:39.6	153	48
49	0:46:43	RISLEY, Darren	Bishop Stortford	MALE SENIOR	04:40.3	39	49
50	0:46:48	WHEELDON, Paul	Springfield Striders	MALE SENIOR	04:40.8	67	50
51	0:46:54	CUNNINGHAM, Phil	Ware Joggers	MALE VET 50	04:41.4	13	51
52	0:47:00	DUMAS, Philip		MALE SENIOR	04:42.0	190	52

EPPING RUNNERS SUPPORTING ST CLARES HOSPICE FUN RUN

\* RaceMaster98 from Sport Systems +44(0)870 5123 www.sportsystems.co.uk Webresults on www.runnerswebuk.com \*

**Provisional Results for All Competitors in finish order.**

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Pace min/Km</i>	<i>Race No</i>	<i>Race Place</i>
53	0:47:07	DUFFIELD, Roger	Tiptree Road Runners	MALE SUPERVET	04:42.7	116	53
54	0:47:09	VOGT-SKARD, Thomas		MALE SENIOR	04:42.9	164	54
55	0:47:12	HARDMAN, Annette	Ware Joggers	FEMALE SENIOR	04:43.2	410	55
56	0:47:22	SHARMAN, Raymond		MALE VET 40	04:44.2	117	56
57	0:47:26	MCMANMON, Pascal	Ware Joggers	MALE VET 50	04:44.6	46	57
58	0:47:30	BARRON, Hayley	Orion Harriers	FEMALE VET 35	04:45.0	404	58
59	0:47:31	HUNT, Darren	D J HUNT PROPERTY	MALE VET 40	04:45.1	135	59
60	0:47:38	THOMPSON, Daniel		MALE SENIOR	04:45.8	52	60
61	0:47:41	MARKWELL, Kevin		MALE VET 40	04:46.1	18	61
62	0:47:42	BULL, John	Harlow Running Club	MALE VET 40	04:46.2	88	62
63	0:47:46	BUTTERWORTH, Mark		MALE VET 50	04:46.6	160	63
64	0:47:48	LITTLE, Jonathon	Ware Joggers	MALE VET 50	04:46.8	86	64
65	0:47:49	HIPKINS, Cherie	Great Bentley Running Club	FEMALE SENIOR	04:46.9	395	65
66	0:47:51	LYNDON, Ian		MALE VET 40	04:47.1	161	66
67	0:48:06	MCCLYMONT, Ian	Bishop Stortford	MALE SUPERVET	04:48.6	98	67
68	0:48:14	GILBEY, Sharon	Harlow Running Club	FEMALE SENIOR	04:49.4	346	68
69	0:48:15	WOOD, Victor		MALE VET 50	04:49.5	169	69
70	0:48:20	HOWES, Janet	Bishop Stortford	FEMALE VET 45	04:50.0	339	70
71	0:48:21	SCHULZ, Ursula		FEMALE VET 35	04:50.1	340	71
72	0:48:30	WORSDELL, Gary		MALE SENIOR	04:51.0	43	72
73	0:48:42	SHARKEY, Colum		MALE VET 40	04:52.2	121	73
74	0:48:48	JOLLY, Stephen		MALE VET 50	04:52.8	21	74
75	0:48:51	SAUNDERS, Rob	Ware Joggers	MALE SENIOR	04:53.1	109	75
76	0:48:52	BROMLEY, Mathew	D J HUNT PROPERTY	MALE VET 40	04:53.2	137	76
77	0:48:58	MENZIES, Neil		MALE VET 50	04:53.8	176	77
78	0:48:59	SMITH, Glenys		FEMALE VET 45	04:53.9	313	78
79	0:49:03	DEAN, Ben	Bishop Stortford	MALE SENIOR	04:54.3	51	79
80	0:49:08	SMITH, Vincent		MALE VET 50	04:54.8	183	80
81	0:49:18	STAINES, Mick	Pitsea Running Club	MALE SUPERVET	04:55.8	154	81
82	0:49:24	DRISCOLL, Edward		MALE VET 40	04:56.4	22	82
83	0:49:33	TOMLINSON, Ian		MALE VET 40	04:57.3	76	83
84	0:49:39	COLLIER, Martin		MALE VET 50	04:57.9	45	84
85	0:49:43	FORSTER, Andy		MALE VET 40	04:58.3	151	85
86	0:49:50	SUCKLING, Mike	Ware Joggers	MALE VET 40	04:59.0	130	86
87	0:49:51	MANGELSHOT, Kimberley	Ware Joggers	FEMALE VET 35	04:59.1	335	87
88	0:49:56	ROLFE, Benjamen		MALE SENIOR	04:59.6	141	88
89	0:50:12	WADDINGHAM, Robert	Ware Joggers	MALE VET 50	05:01.2	29	89
90	0:50:16	GREEN, Chris		MALE SENIOR	05:01.6	171	90
91	0:50:18	BAINES, Jason		MALE SENIOR	05:01.8	115	91
92	0:50:19	BACON, Linda		FEMALE VET 35	05:01.9	322	92
93	0:50:29	HAMMICK, Paul		MALE SENIOR	05:02.9	184	93
94	0:50:40	TOMPKINS, Helen	Pitsea Running Club	FEMALE VET 45	05:04.0	405	94
95	0:50:48	COLE, Karen	Stortford Stormers	FEMALE VET 45	05:04.8	356	95
96	0:51:00	WEST-BULFORD, Simon		MALE SENIOR	05:06.0	36	96
97	0:51:00	TAYLOR, Les	Ware Joggers	MALE VET 40	05:06.0	103	97
98	0:51:04	WINDERS, John		MALE SENIOR	05:06.4	47	98
99	0:51:08	KEMPTHORNE, Mark		MALE VET 40	05:06.8	94	99
100	0:51:10	TIE, David		MALE VET 40	05:07.0	66	100
101	0:51:21	WESTCOTT, Dean		MALE VET 40	05:08.1	120	101
102	0:51:25	GIBSON, Chris	Saffron Striders	MALE VET 50	05:08.5	53	102
103	0:51:34	GREENHAUGH, Gordon		MALE SENIOR	05:09.4	108	103
104	0:51:36	JACKSON, Martyn		MALE SENIOR	05:09.6	185	104
105	0:51:39	ALLAN, Glen		MALE SENIOR	05:09.9	112	105
106	0:51:47	CAFFELL, Geoff		MALE SENIOR	05:10.7	75	106
107	0:51:48	WHITTING, Richard	Herts Phoenix Athletic Club	MALE VET 50	05:10.8	191	107
108	0:51:56	ROGERS, Robin	Ware Joggers	MALE SUPERVET	05:11.6	15	108

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Place	Time	Name	Team	Race Age Category	Pace min/Km	Race No	Race Place
109	0:52:14	MILLER, Charlie		MALE SENIOR	05:13.4	139	109
110	0:52:18	FARRAR, Ian		MALE VET 50	05:13.8	5	110
111	0:52:24	MILLER, Johnny		MALE VET 50	05:14.4	138	111
112	0:52:25	LEVEY, Gary		MALE VET 40	05:14.5	68	112
113	0:52:37	SEYMOUR, Derek	Harlow Running Club	MALE SUPERVET	05:15.7	30	113
114	0:52:39	POOLE, Alexander		MALE SENIOR	05:15.9	73	114
115	0:52:47	NAMAN, Colin	Ware Joggers	MALE VET 50	05:16.7	84	115
116	0:52:48	CARTER, Sara	Ware Joggers	FEMALE VET 35	05:16.8	304	116
117	0:52:48	NICHOLS, Claire	Ware Joggers	FEMALE VET 35	05:16.8	362	117
118	0:52:51	LINTON, Ian	Tiptree Road Runners	MALE VET 50	05:17.1	74	118
119	0:52:51	DELLAHUNT, Desmond		MALE VET 50	05:17.1	143	119
120	0:52:58	DEBAISE, Assunta		FEMALE VET 35	05:17.8	342	120
121	0:52:58	CHILDS, Amanda		FEMALE SENIOR	05:17.8	385	121
122	0:53:05	PICKERING, Nicola	Ware Joggers	FEMALE VET 45	05:18.5	308	122
123	0:53:16	KRATZ, Peter	Ware Joggers	MALE VET 50	05:19.6	159	123
124	0:53:24	KLEIJWEGT, Anne		FEMALE VET 35	05:20.4	408	124
125	0:53:35	SHARMAN, Susan		FEMALE VET 45	05:21.5	393	125
126	0:53:41	WILLIAM, Paul	Pitsea Running Club	MALE VET 50	05:22.1	35	126
127	0:53:47	FRANKLIN, Julie		FEMALE VET 35	05:22.7	370	127
128	0:53:55	FRANKLIN, Catherine		FEMALE VET 35	05:23.5	369	128
129	0:54:00	BROWNE, Tony	Ware Joggers	MALE VET 50	05:24.0	17	129
130	0:54:11	DE LA COUR, Gary		MALE SENIOR	05:25.1	37	130
131	0:54:19	WILBY, Michael	Barking Road Runners	MALE VET 40	05:25.9	107	131
132	0:54:25	SALES, Lisa	Bishop Stortford	FEMALE SENIOR	05:26.5	348	132
133	0:54:28	HYDE, Brian	Ware Joggers	MALE SENIOR	05:26.8	172	133
134	0:54:31	CODD, Vincent		MALE VET 40	05:27.1	19	134
135	0:54:38	SKINNER, Chris		MALE VET 40	05:27.8	140	135
136	0:54:41	REARDON, Kasia		FEMALE VET 35	05:28.1	344	136
137	0:54:42	LANCASTER, Shena	Welwyn Garden AC	FEMALE VET 45	05:28.2	359	137
138	0:54:43	GREEN, Carol		FEMALE VET 45	05:28.3	407	138
139	0:54:44	PAGE, David		MALE VET 40	05:28.4	106	139
140	0:54:44	PAGE, Janice		FEMALE VET 45	05:28.4	383	140
141	0:54:48	NEVIN, Cheryl		FEMALE VET 35	05:28.8	414	141
142	0:54:50	SCHOLEY, Helen	Bishop Stortford	FEMALE SENIOR	05:29.0	373	142
143	0:54:50	WENZEL, Peter	Bishop Stortford	MALE VET 50	05:29.0	62	143
144	0:54:55	NICHOLS, Terry	Ware Joggers	MALE SUPERVET	05:29.5	71	144
145	0:54:55	VALLA, Michael		MALE SUPERVET	05:29.5	118	145
146	0:54:59	CLARK, Barry	Vegetarian Cycling & A.C.	MALE SUPERVET	05:29.9	126	146
147	0:55:17	COAKLEY, Katie		FEMALE VET 35	05:31.7	347	147
148	0:55:34	LUTON, Paul	Ware Joggers	MALE SUPERVET	05:33.4	61	148
149	0:55:38	SOUTHAM, Fay		FEMALE VET 45	05:33.8	368	149
150	0:55:43	MCSWEENEY, Katie	Leigh-on-sea Striders	FEMALE SENIOR	05:34.3	314	150
151	0:55:43	ALLEN, Keith		MALE VET 40	05:34.3	146	151
152	0:55:48	MILLER, Susan	Bishop Stortford	FEMALE VET 45	05:34.8	399	152
153	0:55:50	DANG, Vi		MALE SENIOR	05:35.0	178	154
154	0:55:54	RIDLEY, Rebecca		FEMALE SENIOR	05:35.4	413	155
155	0:55:54	FRENCH, Emily		FEMALE SENIOR	05:35.4	336	156
156	0:56:00	FRENCH, David	Ware Joggers	MALE VET 40	05:36.0	82	157
157	0:56:04	SMITH, John	Harlow Running Club	MALE VET 50	05:36.4	165	158
158	0:56:05	CLIFFORD, Trevor		MALE VET 50	05:36.5	188	159
159	0:56:19	BULL, Alison	Harlow Running Club	FEMALE VET 35	05:37.9	361	160
160	0:56:24	LEONARD, Robert		MALE SENIOR	05:38.4	6	161
161	0:56:29	PARKER, Lee		MALE SENIOR	05:38.9	12	162
162	0:56:33	WEAVER, Kevin	Ware Joggers	MALE VET 40	05:39.3	83	163
163	0:56:34	COLE, David	Stortford Stormers		05:39.4	91	164
164	0:56:42	ATTRIDGE, Debbie	Harlow Running Club	FEMALE VET 35	05:40.2	312	165

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**Provisional Results for All Competitors in finish order.**

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Pace min/Km</i>	<i>Race No</i>	<i>Race Place</i>
165	0:56:45	DRISCOLL, Nicola		FEMALE SENIOR	05:40.5	321	166
166	0:56:45	DYNAN, Sara		FEMALE SENIOR	05:40.5	309	167
167	0:56:50	CATT, Lorna		FEMALE VET 35	05:41.0	310	168
168	0:56:52	DUNKIN, Chris		MALE SENIOR	05:41.2	114	169
169	0:56:59	CLAYTON, Helen		FEMALE VET 35	05:41.9	345	170
170	0:57:02	GARDINER, Michael		MALE SUPERVET	05:42.2	58	171
171	0:57:07	ROBERTS, John	Witham Road Runners	MALE SUPERVET	05:42.7	168	172
172	0:57:09	DRISCOLL, Jean		FEMALE VET 45	05:42.9	320	173
173	0:57:18	BUTCHER, John	Ware Joggers	MALE SUPERVET	05:43.8	8	174
174	0:57:30	CURRAN, Beverley		FEMALE VET 45	05:45.0	338	175
175	0:57:32	SPRING, Wendy	Harlow Running Club	FEMALE VET 35	05:45.2	305	176
176	0:57:42	THOMPSON, Steve		MALE SENIOR	05:46.2	152	177
177	0:57:45	WEBB, James		MALE SENIOR	05:46.5	65	178
178	0:58:17	TOZE, Harold	Bishop Stortford	MALE SUPERVET	05:49.7	25	179
179	0:58:17	TRIPP, Julie	Ware Joggers	FEMALE VET 35	05:49.7	311	180
180	0:58:42	FOX, Paul	Ware Joggers	MALE VET 50	05:52.2	7	181
181	0:58:45	HARWOOD, Gwen	Loughton Athletic Club	FEMALE VET 45	05:52.5	365	182
182	0:58:51	MILLER, Christopher		MALE SUPERVET	05:53.1	145	183
183	0:59:17	COVELEY, Jenny		FEMALE VET 35	05:55.7	406	184
184	0:59:26	HEATHCOTE, Irene	Bishop Stortford	FEMALE VET 45	05:56.6	403	185
185	0:59:32	LARKE, Matthew		MALE SENIOR	05:57.2	69	186
186	1:00:14	OLIVER, Jo-Anne	Bishop Stortford	FEMALE VET 35	06:01.4	415	187
187	1:00:17	CONNELLY, Sarah	Leigh-on-sea Striders	FEMALE VET 35	06:01.7	315	188
188	1:00:17	THOMPSON, Matthew		MALE SENIOR	06:01.7	181	189
189	1:00:22	CRONE, Keiran	Basildon Massiv	MALE SENIOR	06:02.2	64	190
190	1:00:32	STEVENSON, Annabel		FEMALE SENIOR	06:03.2	379	191
191	1:00:34	WILLIAMS, Rita	Ware Joggers	FEMALE VET 45	06:03.4	326	192
192	1:01:11	WIGNALL, Janine	Ware Joggers	FEMALE VET 45	06:07.1	400	193
193	1:01:24	HARRISON, Kirsty		FEMALE SENIOR	06:08.4	354	194
194	1:01:33	CLARK, Carol	Vegetarian Cycling & A.C.	FEMALE SUPERVET	06:09.3	394	195
195	1:01:36	MOWER, Alison		FEMALE VET 45	06:09.6	360	196
196	1:01:39	BUMFREY, Deborah		FEMALE VET 45	06:09.9	386	197
197	1:01:43	BOATWRIGHT, Clare	Bishop Stortford	FEMALE VET 45	06:10.3	375	198
198	1:01:43	KAY, Julie		FEMALE VET 35	06:10.3	409	199
199	1:01:44	KAY, Mark		MALE VET 40	06:10.4	170	200
200	1:01:44	BRASSETT, Richard		MALE SENIOR	06:10.4	113	201
201	1:01:59	TAYLOR, Keith		MALE SENIOR	06:11.9	80	202
202	1:02:09	HARDY, Michael		MALE VET 50	06:12.9	59	203
203	1:02:16	SCUDAMORE, Cheryl	Ware Joggers	FEMALE VET 35	06:13.6	302	204
204	1:02:44	BAKER, Philip		MALE VET 40	06:16.4	175	205
205	1:02:44	WOOKEY, Kim	Harlow Running Club	FEMALE VET 45	06:16.4	376	206
206	1:03:14	STRINGER, Roy	Ware Joggers	MALE SUPERVET	06:19.4	85	207
207	1:03:17	STROUD, Pauline	Bishop Stortford	FEMALE VET 45	06:19.7	378	208
208	1:03:29	KAMPTEL, Julia		FEMALE SENIOR	06:20.9	412	209
209	1:03:44	BINKS, Debbie	Bishop Stortford	FEMALE VET 35	06:22.4	332	210
210	1:04:06	ST JOHN, T		FEMALE VET 45	06:24.6	337	211
211	1:04:09	CURRAN, Elizabeth		FEMALE VET 45	06:24.9	334	212
212	1:04:11	OSBORNE, Kathy	Ware Joggers	FEMALE VET 45	06:25.1	351	213
213	1:04:15	MILES, Fiona	North Weald Health & Fitness Club	FEMALE SENIOR	06:25.5	388	214
214	1:04:24	BURKE, Theresa		FEMALE VET 45	06:26.4	411	215
215	1:04:34	TOMLINSON, Debbie		FEMALE VET 35	06:27.4	352	216
216	1:04:34	CAFFELL, Angela		FEMALE SENIOR	06:27.4	353	217
217	1:04:38	BARNES, Ruth		FEMALE VET 35	06:27.8	382	218
218	1:04:54	BLYTH, Jennifer	Ware Joggers	FEMALE VET 45	06:29.4	306	219
219	1:04:55	HODGES, Penny		FEMALE VET 35	06:29.5	398	220

EPPING RUNNERS SUPPORTING ST CLARES HOSPICE FUN RUN

\* RaceMaster98 from Sport Systems +44(0)870 5123 www.sportsystems.co.uk Webresults on www.runnerswebuk.com \*

**Provisional Results for All Competitors in finish order.**

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Pace min/Km</i>	<i>Race No</i>	<i>Race Place</i>
220	1:04:56	STOCK, Janet	Ware Joggers	FEMALE VET 45	06:29.6	329	221
221	1:05:08	WADDINGHAM, Margaret	Ware Joggers	FEMALE SUPERVET	06:30.8	327	222
222	1:05:27	NEVIN, Tracey		FEMALE VET 35	06:32.7	372	223
223	1:05:35	DRISCOLL, Caroline		FEMALE VET 35	06:33.5	319	224
224	1:05:35	ARTHUR, Paul		MALE VET 40	06:33.5	42	225
225	1:05:42	WEBSTER, Janet		FEMALE VET 45	06:34.2	349	226
226	1:05:57	SALES, Kelly		FEMALE SENIOR	06:35.7	363	227
227	1:05:57	TRICKER, Jonathan		MALE SENIOR	06:35.7	89	228
228	1:06:33	LYONS, Elenor		FEMALE SENIOR	06:39.3	380	229
229	1:06:34	BELLCHAMBERS, Clare		FEMALE SENIOR	06:39.4	384	230
230	1:07:34	LUCK, Jane	Harlow Running Club	FEMALE VET 35	06:45.4	401	231
231	1:07:34	SHEPHERD, Karen		FEMALE VET 45	06:45.4	381	232
232	1:08:08	COLE, Jen	Stortford Stormers	FEMALE SENIOR	06:48.8	366	233
233	1:08:25	LORD, Elizabeth	Ware Joggers	FEMALE SUPERVET	06:50.5	355	234
234	1:08:55	TIE, Peta		FEMALE VET 45	06:53.5	324	235
235	1:09:00	CHAV, Lai Chan		FEMALE VET 35	06:54.0	397	236
236	1:09:22	CHARNOCK, Jenny		FEMALE SENIOR	06:56.2	328	237
237	1:09:50	RANDALL, Carol Anne		FEMALE VET 45	06:59.0	350	238
238	1:09:52	JOLLY, Kathleen		FEMALE VET 45	06:59.2	318	239
239	1:10:08	AUGUSTINE, Mary	Bishop Stortford	FEMALE VET 45	07:00.8	341	240
240	1:10:10	AMOS, Peter	Bishop Stortford	MALE SUPERVET	07:01.0	38	241
241	1:10:11	AMOS, Mary	Bishop Stortford	FEMALE SUPERVET	07:01.1	330	242
242	1:10:11	WRISLEY, Karen	Bishop Stortford	FEMALE SENIOR	07:01.1	331	243
243	1:10:11	ROBINSON, Christine	Bishop Stortford	FEMALE VET 45	07:01.1	323	244
244	1:10:38	HARRIS, Melanie	Harlow Running Club	FEMALE VET 45	07:03.8	374	245
245	1:12:34	STOCK, Mike	Ware Joggers	MALE SUPERVET	07:15.4	31	246
246	1:12:38	GREENER, Spencer		MALE SUPERVET	07:15.8	187	247
247	1:12:40	FRANKLIN, Gordon		MALE SUPERVET	07:16.0	102	248
248	1:13:13	FROST, Claire		FEMALE VET 35	07:19.3	391	249
249	1:13:14	SAVORY, Helen		FEMALE VET 35	07:19.4	389	250
250	1:13:28	AITKEN, Susan	Ware Joggers	FEMALE VET 45	07:20.8	316	251
251	1:15:35	PEEK, David		MALE SUPERVET	07:33.5	157	252
252	1:15:39	HEYWOOD, John	Ware Joggers	MALE SUPERVET	07:33.9	55	253
253	1:15:52	STRINGER, Valerie	Ware Joggers	FEMALE SUPERVET	07:35.2	358	254
254	1:21:41	ARNOLD, Robert		MALE VET 50	08:10.1	125	255
255	1:21:41	JARVIS, April		FEMALE SENIOR	08:10.1	367	256
256	1:28:40	RUSSELL, Val		FEMALE SUPERVET	08:52.0	364	257

There were 256 finishers in the All Competitors category.